

Virtual Training Opportunities

The UNM Family Development Program is excited to offer these workshops for the month of **OCTOBER**

Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Learning Environment and Curriculum Implementation
- Developmentally Appropriate Content

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!



Stanford Marshmallow Experiment, Then and Now

Friday, October 3,
12:00 PM-1:00 PM

https://forms.unm.edu/forms/fdp_register_copy_167_copyxt

Cómo apoyar el aprendizaje con recetas de FDP

Sp) Lunes 6 de Octubre, 2025
12:00PM- 1:00 PM

https://forms.unm.edu/forms/fdp_register_copy_167_copy_2

Building Bonds: Understanding Community Engagement vs. Attachment

Saturday, October 11, 9:00am –
10:00am

https://forms.unm.edu/forms/fdp_register_copy_166

Keeping Kids Safe on the Road: Car Seat Basics for Educators and Home Visitors

Wednesday, October 22, 2025
12:00 pm to 1:30pm

https://forms.unm.edu/forms/fdp_register_copy_167_copy_1

Cómo apoyar el aprendizaje con recetas de FDP

El Programa de Desarrollo Familiar (FDP), ha desarrollado varias actividades de aprendizaje, "recetas", para niños pequeños y cuidadores. Durante este taller, reflexionaremos sobre nuestra experiencia de juego, encontraremos recetas que le puedan gustar a su hijo y nos divertiremos mientras aprendemos.

Building Bonds: Understanding Community Engagement vs. Attachment

Are you trying to enhance the engagement of your community in various areas? This workshop will explore the interconnected roles that engagement and attachment concepts play in fostering strong, resilient communities. Community Engagement focuses on active participation, where individuals contribute to and influence local initiatives, projects, and decision-making processes. In contrast, Community Attachment emphasizes the emotional bonds and sense of belonging that individuals feel towards their community, often driving their long-term commitment and loyalty. The session will highlight how fostering both engagement and attachment can lead to more vibrant, cohesive, and supportive communities, encouraging participants to leverage these concepts in their work or personal lives.

Stanford Marshmallow Experiment, Then and Now

The 1960s Stanford Marshmallow experiment tested young children's ability to delay gratification by offering them a choice between an immediate reward and a larger reward for waiting. However, more recent studies and research have revealed that the topic is more complex than originally thought. There are many strategies we can use to help children develop self-control and understand its connection to long-term success. This workshop aims to share effective methods and emphasize the importance of waiting.

Keeping Kids Safe on the Road: Car Seat Basics for Educators and Home Visitors

Join us for an informative and practical session designed to equip you with the knowledge and confidence to support families in keeping their children safe while traveling.

In this workshop we'll cover:

- Current New Mexico laws.
- How to choose the right seat for each stage of child development.
- Basic instillation tips and how to spot common mistakes.
- Proper car seat cleaning and care.
- Tools and Strategies for sharing this information with parents and caregivers.



A Center for Excellence in Early Learning