

Virtual Training Opportunities

The UNM Family Development Program is excited to offer these workshops for the month of **May**

Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Developmentally Appropriate Content

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!

The Science of Smiling: Fostering Early Childhood Development Through Connection

Friday, May 8th, 9:00-10:00AM

https://forms.unm.edu/forms/fdp_register_copy_167_copy_11_copy_1

Challenging Behaviors in the EC Classroom

Saturday, May 9th, 9:00AM- 10:00AM

https://forms.unm.edu/forms/fdp_register_copy_167_copy_11_copy_1

Healing the Healers: Rethinking Self-Care and Addressing Burnout

Monday, May 11th, 12:00PM-1:00PM

https://forms.unm.edu/forms/fdp_register_copy_167



The Science of Smiling: Fostering Early Childhood Development Through Connection

A One-Hour Interactive Workshop for Families and Early Childhood Professionals (English)

Discover the profound impact of a simple smile on a child's development. This reflective and engaging, one-hour workshop combines key insights from developmental psychology with practical, everyday strategies you can use to build stronger, healthier bonds with the children in your care.

Challenging Behaviors in the EC Classroom

Shift your thinking about challenging behaviors with your little ones from “problem to manage” to “communication to understand,” while building practical strategies educators can use immediately. This workshop is for EC professionals as well as families and caregivers of young children.

Healing the Healers: Rethinking Self-Care and Addressing Burnout

This interactive session invites participants to explore wellness and burnout through the lens of the Diversity-Informed Tenets for Work with Infants, Children, and Families. Together, we will examine how systemic inequities and professional demands impact well-being—particularly for professionals of color—and challenge traditional notions of self-care. A key insight from this session reframes well-being not as the absence of hope, but as a commitment to sustaining it—even in challenging contexts. Join us to rethink self-care, strengthen resilience, and integrate these strategies into your work and organizational culture.



A Center for Excellence in Early Learning