

# Virtual Training Opportunities

The UNM Family Development Program is excited to offer these workshops for the month of **March**

Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Developmentally Appropriate Content

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!



## **Calm, Curious, Connected: An Introduction to Loose Parts Play**

Saturday, March 21<sup>st</sup>, 2026  
9:00 AM-10:00 AM

[https://forms.unm.edu/forms/fdp\\_register\\_copy\\_167\\_copy\\_8](https://forms.unm.edu/forms/fdp_register_copy_167_copy_8)

## **Leadership and Advocacy In Early Childhood For Caregivers**

Wednesday, March 25<sup>th</sup>  
12:00 PM - 1:00 PM

[https://forms.unm.edu/forms/fdp\\_register\\_copy\\_167\\_copy\\_6](https://forms.unm.edu/forms/fdp_register_copy_167_copy_6)

## **Exploring the Importance of Executive Function in Support of Adversity**

Monday, March 23,  
12:00 PM - 1:00 PM

[https://forms.unm.edu/forms/fdp\\_register\\_copy\\_167\\_copy\\_7](https://forms.unm.edu/forms/fdp_register_copy_167_copy_7)

## Calm, Curious, Connected: An Introduction to Loose Parts Play

**This virtual, participatory workshop explores how play with loose parts supports emotional regulation, creativity, and connection.**

**Through simple activities, journaling, and shared reflection, participants experience how small shifts in practice can lead to meaningful outcomes—for themselves, their environments, and their communities.**



## Exploring the Importance of Executive Function in Support of Adversity

**In this interactive learning session, we will explore what unfolds when adults intentionally nurture key executive function skills such as problem-solving, emotional regulation, and flexible thinking in young children. By providing thoughtful guidance and co-regulation, adults offer the calm, steady presence children need to navigate big emotions and stay connected during challenging moments. This support not only strengthens individual executive function skills but also builds a compassionate learning community where children feel safe, supported, and equipped to face adversity together. When adults model regulation and resilience, they help young learners develop the tools to thrive both independently and in relationship with others.**

## Leadership and Advocacy In Early Childhood For Caregivers

**How can we, as dedicated early childhood caregivers, effectively advocate for our youngest citizens within our communities? It is essential to consider the various ways we can promote their well-being, rights, and needs, ensuring that their voices are heard and their interests are prioritized in local decision-making processes.**



**FAMILY  
DEVELOPMENT  
PROGRAM**

*A Center for Excellence in Early Learning*

