# Virtual Training Opportunities

The UNM Family Development
Program is excited to offer these
workshops in the month of January.

Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Child Growth, Development &
   Learning

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!





#### The Importance of Communication and Teamwork

Monday, January 13th 12-1pm

<a href="https://forms.unm.edu/forms/fdp\_register">https://forms.unm.edu/forms/fdp\_register</a>
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#### Taking Care of Ourselves-Parent & Family Edition

Wednesday, January 15th 12-1pm

<a href="https://forms.unm.edu/forms/fdp\_register\_copy\_36">https://forms.unm.edu/forms/fdp\_register\_copy\_36</a>

Responding with Respect and Dignity: Navigating Unexpected Situations

During Home Visits

Thursday, January 23rd 12-1pm

https://forms.unm.edu/forms/fdp\_register\_copy\_1

<u>37</u>

#### The Importance of Communication and Teamwork

During this training will participants will explore the power of deep listening and communication. We will also discuss tools to enhance teamwork and will explore effective ways to work with families and coworkers. Learn about the importance of effective communication and teamwork.

### Taking Care of Ourselves-Parent & Family Edition

Join us for an informative session geared towards families about caring for ourselves. Professionals will benefit from the content as well for themselves and to share with families. Connect the science behind the importance of caring for ourselves, connecting to culture, as well as ideas and practice how to incorporate caring for ourselves throughout the day. Learn how we can care better for others when we care for ourselves.

## Responding with Respect and Dignity: Navigating Unexpected Situations During Home Visits

Navigating Unexpected Situations During Home Visits.

This engaging and interactive workshop is designed to equip professionals with skills and strategies to handle unexpected situations during home visits with respect and dignity. This one-hour session will cover essential communication techniques, cultural sensitivity, and practical strategies for managing diverse and challenging scenarios. Participants will engage in discussions, and collaborative activities to enhance their ability to respond effectively and compassionately. This is a valuable opportunity to learn and share best practices for fostering positive and respectful interactions in your work.



