Virtual Training Opportunities

FAMILY DEVELOPMENT PROGRAM
A Center for Excellence in Early Learning

The UNM Family Development Program is excited to offer these workshops in the month of November

Various Learning Objectives & Competencies including:

- **Professional Development**
- **Child Growth, Development & Learning**

See following page for full descriptions of each workshop. We hope you can join us for any or both of them!



Good Enough: Embracing Imperfection in Caregiving and Early Childhood Practice

Wednesday, November 11th from 12:00PM-1:00PM

https://forms.unm.edu/forms/fdp_register_copy_167_copy_11_copy_12

Reflect, Recharge, & Reach

Thursday, November 12, 2026 12:00PM -1:00PM

https://forms.unm.edu/forms/fdp_register_copy_167_copy_11_copy_13

Good Enough: Embracing Imperfection in Caregiving and Early Childhood Practice

Are you constantly wondering if you're doing enough for the children and families you serve? Whether you're a parent, home visitor, educator, family support provider, or early childhood professional, the pressure to "get it right" can be overwhelming. The truth is that children do not need perfect caregivers. They need caring adults who show up, stay connected, and are willing to repair relationships when mistakes happen. Join us for a reflective and engaging workshop inspired by the principles of Circle of Security Parenting, which reminds us that secure relationships are built through connection, responsiveness, and repair, not perfection.

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Reflect, Recharge, & Reach

FDP's Reflect, Recharge, & Reach is an interactive, 1-hour interactive virtual workshop designed specifically for people working with young children and families to prioritize their own personal growth and reclaim their professional stamina. In this workshop, you will use the "Keep, Tweak, Drop" framework to nurture your own well-being, participate in a collaborative 15-minute peer breakout room, and draft meaningful goals that elevate your personal fulfillment, child success, and family partnerships. Take one hour to invest in your own growth and recharge your work with families and young children. We look forward to seeing you there!

