

# Virtual Training Opportunities

The UNM Family Development Program is excited to offer these workshops in the month of May.

## Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Child Growth, Development & Learning

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!

## The Importance of Self-Awareness

Monday, May 6, 2024, 2-3pm

[Registration Link](#)

## Resilience through Open

## Ended PLAY!

Wednesday, May 8, 2024,

12-1pm

[Registration Link](#)

## Synergize to Thrive: Unlocking the Power of Collaborative Leadership in Facilitation

Wednesday, May 22, 2024,

3:30 - 5:00pm

[Registration Link](#)



# The Importance of Self-Awareness

The objective of this interactive workshop is to enhance our self-awareness of the strengths we bring to our partnership with children, families, colleagues and the early childhood community. Through dialogue and activity, we will examine how our ability to own our greatness has a direct connection to amplifying the strengths we see in others by promoting and modeling our strengths empowering a compassionate and supportive early childhood ecosystem.

## Resilience through Open Ended PLAY!

We will look at development of social and emotional skills and attitudes is essential in education and development of the "whole child". Along with SEL Development, is development of resilience. How can PLAY support the development of resilience for little ones and support our own resilience? We will have opportunities to explore the lens of supporting resilience through PLAY!

Early Care & Education Competency Area I: Child Growth, Development and Learning

## Synergize to Thrive: Unlocking the Power of Collaborative Leadership in Facilitation

"Synergize to Thrive" is a training designed to equip participants with the essential skills and strategies needed to harness the full potential of collaborative leadership in facilitation settings. Through interactive sessions and practical exercises, attendees will learn how to foster cooperation, promote inclusivity, and drive meaningful outcomes in group dynamics. From cultivating a shared vision to navigating complex challenges, this workshop empowers facilitators to lead with empathy, agility, and effectiveness, creating environments where collaboration flourishes and results soar. Join me on a journey to unleash the collective genius within your team and elevate your facilitation skills to new heights.



FAMILY  
DEVELOPMENT  
PROGRAM

*A Center for Excellence in Early Learning*