

Virtual Training Opportunities

The UNM Family Development Program is excited to offer these workshops in the month of April.

Various Learning Objectives and Competencies including:

- Family and Community Collaboration
- Professional Development
- Learning Environment & Curriculum Implementation
- Health, Safety & Nutrition

See following page for full descriptions of each workshop. We hope you can join us for any or all of them!



STEAM Recipe

Monday, April 8, 2024, 12-1pm

[Registration Link](#)

Wed. April 10, 2024, 5-6pm

[Registration Link](#)

Friday, April 12, 2024, 8-9am

[Registration Link](#)

Let Your Heart Shine through Mindfulness

Monday, April 15, 2024 12-1:30pm

[Registration Link](#)

Embracing Our Greatness

Wed. April 8, 2024, 2-3pm

[Registration Link](#)

Volunteerism in Early Childhood

Monday, April 22, 2024, 12-1pm

[Registration Link](#)

Exploration into Outdoor Play using JUNK Recipes

Wed. April 17, 2024, 6-7:30pm

[Registration Link](#)

Saturday, April 27, 2024, 9-10:30am

[Registration Link](#)

STEAM Recipe

Come join us for virtual training and learn how to take everyday activities and turn them into STEAM-focused fun!

This training is for one hour, you can attend as many as you'd like. We will uncover play opportunities for Science, Technology, Engineering, Art, and Math (S.T.E.A.M) based on the FDP Junk Recipes.

Embracing Our Greatness

The objective of this interactive workshop is to enhance our self-awareness of the strengths we bring to our partnership with children, families, colleagues and the early childhood community. Through dialogue and activity, we will examine how our ability to own our greatness has a direct connection to amplifying the strengths we see in others by promoting and modeling our strengths empowering a compassionate and supportive early childhood ecosystem.

Let Your Heart Shine through Mindfulness

In this interactive workshop we will explore the benefits of Mindfulness through an equity lens. We learn new ways to improve diversity, equity, and inclusion with the practice of mindfulness.

Volunteerism in Early Childhood

Many of our programs, organizations, and Early Childhood coalitions across the state rely on Volunteerism to support their programs or the work they are doing. In classrooms and child care centers, volunteers may look like community members, parents/caregivers, and grandparents. In community work, volunteers look like professionals, decision-makers, and families. It has seemed lately that it's more and more difficult to engage volunteers and retain them. Let's take a deeper look at volunteerism, what is it? How has it changed? Any considerations to make? We can share as a learning community ideas and strategies to make it work.

Exploration into Outdoor Play using JUNK Recipes

Adventure Awaits!

An exploration into outdoor play using J.U.N.K recipes Ahoy, Me Hearties! Join the Family Development Program as we embark on an exciting journey into outdoor play! If the children in your life love to play pirates, jungle explorer, scientist, or even becoming the world's greatest chef in a mud-style kitchen, this training is for you. We will embark on a journey that takes us into the world outside and discuss how so many of FDP's J.U.N.K recipes can be incorporated into children and adult learning. We will also learn how outdoor play is essential for young developing minds and can enhance critical thinking skills. This training is offered at two different times, you can choose which one fits your schedule.



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